



Spam Hash and Fruity Jelly Fluff

Spam Hash

Ingredients

- Tin of spam
- Tin of potatoes
- 1 tbsp oil
- 1 tsp garlic powder, paprika & onion powder (optional)
- Small tin of sweetcorn

Method

1. Chop spam and potatoes to small chunks
2. Heat the oil in a large frying pan, fry the spam until it starts to crisp
3. Add the potatoes to the frying pan, add garlic /paprika/ onion powder if using.
4. Stir until the potatoes start to go crisp – you may need to add some more oil
5. Add the sweetcorn and heat for a further 3 minutes until hot.

Serve with lashings of ketchup / brown sauce. An egg can be added at step 5 – make a space in the middle after adding the sweetcorn and fry an egg in the space made.

Fruity Jelly Fluff

Ingredients

- 1x 170 g tin of evaporated milk well chilled
- 1 sachet of jelly (any flavour).
- 1 tin fruit cocktail in juice

Method

1. Drain the fruit cocktail, keeping the juice. Put the fruit cocktail into a large bowl (or share between individual pots if you prefer)
2. Use the juice from the fruit cocktail and water to make the jelly with half the amount of liquid recommended on the packet, allow to cool at room temperature for 30 min.
3. Whisk the evaporated milk until it has tripled in size. While continuing to whisk gradually add the jelly. Whisk for a further 30 seconds.
4. Pour over the fruit cocktail Put in the fridge to set.